

Get off the train. Get on your feet.



Two Long Island Locations:
Jones Beach Boardwalk
Belmont Lake State Park

Celebrity Guests!

Kevin Dobson
(*Knots Landing, Kojak,
One Life to Live*)

Joe Pepitone
(*NY Yankees*)

Rabbi Marc Gellman
(*The God Squad*)

Matt Marshak
(*Smooth Jazz CD
101.9's Best New Artist,
2003*)

Pancake Breakfast by



On **Sunday, April 18, 2004**, take a walk with 5,000 friends: Long Island's **Family Care and Family Aides MS Walk**, with food, festivity, and **fun** for the whole family.

Please join us. Every person and every step makes a difference.
This is why we walk.

To register or learn more, call **1-800-FIGHT MS** and ask for the Long Island Chapter or visit **www.nmssli.org**.

Special thanks to our sponsors:



Every hour of every day, someone is diagnosed with MS. *This is why we walk.*